



LUNCH

SALADS

ASIAN SESAME, ATHENA FETA, BACON TOMATO, BALSAMIC, BLEU CHEESE, CAESAR, HONEY CHIA, HONEY MUSTARD, RANCH, 1000 ISLAND, OIL & VINEGAR

ALLY'S HOUSE SALAD \$9.99

(add chicken + \$4.59 add baked salmon +8.99 add chilled salmon + \$5.99)

Romaine, pepperjack, carrot, black olive, tomato, sunflower seeds

ASIAN SESAME SALAD \$12.99

Romaine, grilled chicken, carrot, crunchy noodles water chestnuts, sunflower seeds, Asian sesame dressing

BRAIN POWER SALAD \$10.99

(add chicken + \$4.59 add baked salmon +8.99 add chilled salmon + \$5.99)

Romaine, spinach, feta, onion, avocado, walnuts, blueberries, honey chia dressing

BLUEBERRY FIELDS SALAD \$10.99

(add chicken + \$4.59 add baked salmon +8.99 add chilled salmon + \$5.99)

Spinach, arugula, blueberries, pickled red onion, feta, cucumber, mandarin oranges, sunflower seeds blueberry vinaigrette

CHICKEN CAESAR SALAD \$10.99

Romaine, parmesan, grilled chicken, croutons, tossed in caesar dressing

COBB SALAD \$13.99

Romaine, grilled chicken, bacon, bleu cheese crumbles, hard boiled egg, tomato, avocado, chives

MEDITERRANEAN CHOP \$10.99

(add chicken + \$4.59 add baked salmon +8.99 add chilled salmon + \$5.99)

Romaine, feta, black olive, tomato, onion, red pepper, artichoke hearts, tossed in athena feta dressing

SALAD ADDITIONS:

DILLED CHICKEN SALAD:	\$3.99
WALDORF TUNA SALAD:	\$3.99
BACON:	\$1.99
AVOCADO:	\$1.49
HARD BOILED EGG:	\$.99
EXTRA DRESSING:	\$.75

SOUP OF THE DAY:

10oz IN-HOUSE CUP	\$5.29
8oz CUP TO GO	\$4.99
12oz BOWL TO GO	\$5.99
32oz QUART	\$14.99

SANDWICHES

CHOICE OF: WHITE, WHEAT, OR MARBLE RYE BREAD
SERVED WITH KETTLE CHIPS OR APPLE SLICES

ALLY'S CLUB \$15.99

Ham, Boar's Head oven gold turkey, bacon, swiss, mayo provolone, tomato, lettuce, bacon-tomato dressing. Choice of toasted white, wheat, or marble rye bread

DILLED CHICKEN \$10.99

Our home made dilled chicken salad, swiss, tomato sunflower seeds, lettuce, mayo. Choice of white, wheat, or marble rye bread

TURKEY CLUB CROISSANT \$12.99

Boar's Head oven gold turkey, bacon, cheddar, avocado, lettuce, tomato, mayo, croissant

WALDORF TUNA \$10.99 **Contains nuts**

Our home made tuna salad (celery, apples, walnuts), swiss, tomato, sunflower seeds, lettuce, mayo. Choice of white, wheat, or marble rye bread

FLATBREADS

SERVED ON A 9" FLATBREAD CRUST

SEPARATE EQUIPMENT NOT AVAILABLE FOR PIZZAS

BBQ CHICKEN FLATBREAD \$12.99

Grilled chicken, bacon, red onion, shredded mozzarella, topped with a BBQ sauce drizzle and chives

CAPRESE FLATBREAD \$11.99

Cherry tomatoes, shredded mozzarella, fresh mozzarella, topped with basil and balsamic glaze

GARLIC CHICKEN FLATBREAD \$12.99

Grilled chicken, bacon, shredded mozzarella, garlic spread and chives

PULLED PORK FLATBREAD \$12.99

Shredded Pork, bacon, shredded mozzarella, red onion, topped with a BBQ sauce drizzle

COLD WRAPS

SERVED WITH KETTLE CHIPS OR APPLE SLICES

GARDEN VEGGIE \$10.99

Spinach tortilla, romaine, cucumber, avocado, tomato, carrots, sunflower seeds, roasted red pepper hummus

ASIAN SESAME \$10.99

Spinach tortilla, grilled chicken, provolone, carrots, water chestnuts, crunchy noodles, romaine, Asian sesame dressing

BACON RANCH \$10.99

Herb garlic tortilla, grilled chicken, bacon, cheddar, tomato, romaine, ranch dressing

CHICKEN CAESAR \$10.99

Herb garlic tortilla, grilled chicken, parmesan, tomato, romaine, caesar dressing

COBB \$12.99

Herb garlic tortilla, grilled chicken, bacon, bleu cheese, hard boiled egg, tomato, avocado, chives, romaine, ranch dressing

TURKEY BACON \$10.99

Jalapeño cheddar tortilla, Boar's Head Oven Gold turkey, bacon, cheddar, onion, tomato, romaine, mayo, bacon-tomato dressing

GRILLED WRAPS

SERVED WITH KETTLE CHIPS OR APPLE SLICES

BUFFALO CHICKEN \$11.99

Jalapeño cheddar tortilla, chicken, pepper jack, coleslaw, romaine, buffalo sauce, ranch dressing

CUBAN \$11.99

Jalapeño cheddar tortilla, pulled pork, pepper jack, pickles, French's fried onions, honey mustard dressing

FIREPIT \$11.99

Jalapeño cheddar tortilla, chicken, pepper jack, onion, black beans, cilantro, BBQ sauce

SOUTH OF THE BORDER \$11.99

Jalapeño cheddar tortilla, chicken, bacon, pepper jack, sour cream, salsa

GLUTEN FREE OPTIONS

GLUTEN FREE BREAD: +\$2.00

GLUTEN FREE TORTILLA: +\$1.00

GLUTEN FREE PIZZA CRUST: +\$2.00

PANINIS

SERVED WITH KETTLE CHIPS OR APPLE SLICES

BBQ TURKEY \$12.99

Boar's Head Oven Gold turkey, bacon, cheddar, onion, BBQ sauce

CHICKEN CAPRI \$11.99 **Contains nuts**

Chicken, provolone, tomato, spinach, basil, pesto mayo

CLASSIC CHICKEN SANDWICH \$12.99

Chicken, mayo, tomato, cheddar, lettuce, pretzel bun

GARLIC CHICKEN \$11.99

Chicken, bacon, provolone, garlic spread

GRILLED VEGETARIAN \$11.99 **Contains nuts**

Grilled eggplant, feta, onion, red pepper, sundried tomato pesto, balsamic glaze, pesto mayo

NUMBER 4 \$13.99

Chicken, bacon, provolone, avocado, French's fried onions, chipotle mayo, pretzel bun

PULLED PORK \$13.99

Brioche bun, pulled pork, cheddar, coleslaw, French's fried onions, BBQ sauce

REUBEN \$14.99

Our home made corned beef, swiss, sauerkraut, 1000 island dressing. Grilled on marble rye bread

WOODLANDS PRIME RIB \$15.99

Brioche bun, sliced prime rib, provolone, French's fried onions, mushroom duxelles, arugula, brewpub mustard

KID'S MENU

**For our special guests 12 and younger*

SERVED WITH KETTLE CHIPS, APPLE SLICES, OR FRUIT CUP

QUESADILLA \$6.99

Chicken, mozzarella, herb garlic tortilla

GRILLED CHEESE \$5.99

Provolone and cheddar cheese on your choice of white or wheat bread

CHEESE PIZZA \$6.99 (no side)

Pizza sauce, mozzarella

SMOOTHIES \$5.99

STRAWBERRY BREEZE

Strawberries, banana, pineapple juice, ice

BANANA BERRY

Strawberries, banana, blueberries, pineapple juice, ice

GREEN GIANT

Spinach, banana, peaches, pineapple juice, ice

Consumer Warning: Consuming raw or undercooked food can increase risk of illness